

**DROP-IN
ALL WELCOME**



Whitechapel Health Centre

“Gym in the Park” Open Day

FOR MORE INFORMATION VISIT
WHITECHAPELHEALTHCENTRE.CO.UK

Our FREE Park Gym is opening soon

Come along to Whitechapel Health Centre on Saturday 3 February 2018 to learn about **FREE training and volunteering opportunities** for our new **Park Gym**, and help us to choose the exercise equipment that will be installed.

Enjoy **FREE refreshments** and competitions, and make this new community space a success to help improve the Health and Wellbeing of our patients and local residents.



**Saturday
3 Feb 2018
10am - 12pm**

Whitechapel Health Centre

Shah Jalal Medical Centre, 44 Hessel Street, E1 2LP

7 mins walk from Shadwell Station | Bus Routes D3 15 115 135 715 720 769

For more information:

visit whitechapelhealthcentre.co.uk | call 020 7702 2036



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